



EAR TUBES

POST OPERATIVE INSTRUCTIONS

704-868-8400

WHAT TO EXPECT

- drainage from one or both ears which may be clear, bloody, or cloudy.
- low grade fever.

SPECIAL INSTRUCTIONS

- Earplugs or any other special precautions are not necessary for routine bathing or surface swimming.
- Repeat ear infections still can occur at any time with ear tubes in place. Drainage will occur but usually no pain fever.
- Tubes usually move out of the eardrum into the ear canal within a year and then fall out of the ear canal. As tubes move out of the eardrum there may be drainage from the ear – cloudy or even bloody. This is not a sign of an ear infection. Use prescribed eardrops 2x/day for active ear drainage and call for a routine office appointment.

MEDICATION

- Use prescribed eardrops if instructed by surgeon.
- Oral antibiotics are usually not used.

ACTIVITY

- No restrictions.

DIET

- No restrictions.

POST OP APPOINTMENT

- Usually 2 weeks after surgery.

WHEN TO CALL

- Call the office during routine hours for questions, concerns, changes, or refills of any medication. Make sure there is enough pain medication to avoid after-hour calls.
- After hours calls should be limited to urgent problems such as excessive bleeding, pain, or fever over 102 that does not respond to fluids and Acetaminophen.